

# Human Activity Recognition using Smartphone

Radha Mothukuri, Tunuguntla Aishwarya, Chalasani Himasree, Dasari Pushkar Babu



**Abstract:** This paper consists of all the actions that are done by the people by using mobile phone. We used to record the actions by using the mobile phone. The main aim of this paper is to construct a classification model that is required for identifying actions of the people. This paper is used mainly to get solution of multi-classification problems. By using in a theoretic way, we can understand what the problem is, but we can only solve the problem by performing it in mathematical way. We can get very perfect result by solving in the mathematical way. Here we are deriving the actions of the persons using mobile phone, in a phone there are many sensors present in it. The sensors used in this paper are Accelerometer, Gyroscope. They are required for determining the actions of the person. The output obtained in this paper is used to compare the values in the term's accuracy and precision. It uses a 3-dimension based accelerometer in order to collect the values obtained; there we determined that 31 values we contained in it. All the actions that are present are derived by using machine learning algorithms, they are, Naïve Bayes Classifiers, support vector machine, and neural networks. The output of the action determination by using the dataset required is used to determine a decrease of marking work to accomplish similar execution with machine learning.

**Index Terms:** Machine Learning, SVM, Neural networks.

## I. INTRODUCTION

This paper is used to determine the actions done by the person by using the mobile phone required. The actions that are derived are sitting, standing, walking, laying, walking downstairs, and walking upstairs. The appeal in deriving the actions that are performed by the person had implemented in Medical field, mainly for the old people, rehabilitation assistance, sugar, and in abnormal conditions. By deriving the actions of this we can decrease the usage of many people as the persons who will care for other are increased, observe victim every second and respond immediately if there is any mental condition with the victim.

Many studies identified several activities similar to these like considering the surveillance camera, we can keep some restricted area, if anyone enters that region and stayed for a while then the alarm will on and alert police. In this way many activities were identified using sensors with low error rate where multiple bags are attached to sensors, but most of the work is done in laboratories and complicated.

In this paper there will be low cost and easily available smart phones are used and we detect the activities of human by using sensors that are detectable. As indicated by the insights of the US versatile supporters, around 44% of portable endorers in 2011 claim cell phones and almost cent of these cell phones has worked in sensors, for example, the sensors used in this paper. From many years it is indicated that gyrotor advice the action acknowledgment despite the fact that its commitment alone isn't on a par with accelerometer. Since spinner isn't so effectively gotten to in PDAs as sensor, our framework just identifies the values in a 3dimensional accelerometer. In our structure, the telephone can be set at any situation around midriff, for example, coat pocket and jeans pocket, with self-assertive direction. These are the most widely recognized positions where individuals convey cell phones.

The aim of this paper is to develop a simple and easy way system by using the mobile phones that are used to derive the person's action. In addition, to diminish the marking second and weight, dynamic many models are created. Deriving the actions of person is multi-developed manner that is obtained from many years in the field that means to assemble information in regard to individuals' conduct and their association with the earth so as to convey important setting mindful data.

## II. RELATED WORK

### Execution Analysis of Smartphone-Sensor Conduct for Human Activity Recognition

Center thought of Support Vector Machines that is the outline models stamps in one of the two classifications for the highest place that is required, and afterward locates good one on the hyper plane to isolate present classifications. An ought is noticed that is the algorithm used is on a very basic level a second class classifier, that is why we have to use a multiple characteristic way to deal with conventional SVM. The one-versus-rest technique is prompted conflicting outcomes and damage the balance of the first issue, we use pick LibSVM that executes the one after one methodology of required job. In a preparation stage, an algorithm is set up in utilizing a preparation vertex along with direct bit capacity, outspread premise portion work (RBF), utilizes the existing value. The stage where it is tested, the method that is chosen extends the value of the tested method into a similar high-dimensional space, then characterizes that onto required classification along with most relevant value.[3]

Manuscript published on November 30, 2019.

\* Correspondence Author

**Radha Mothukuri\***, Assistant Professor, Dept. of CSE, Koneru Lakshmaiah Education Foundation, Vaddeswaram, Guntur-522502, A.P, India.

**Tunuguntla Aishwarya**, Dept. of CSE, Koneru Lakshmaiah Education Foundation, Vaddeswaram, Guntur-522502, A.P, India

**Chalasani Himasree**, Dept. of CSE, Koneru Lakshmaiah Education Foundation, Vaddeswaram, Guntur-522502, A.P, India

**Dasari Pushkar Babu**, Dept. of CSE, Koneru Lakshmaiah Education Foundation, Vaddeswaram, Guntur-522502, A.P, India

© The Authors. Published by Blue Eyes Intelligence Engineering and Sciences Publication (BEIESP). This is an [open access](http://creativecommons.org/licenses/by-nc-nd/4.0/) article under the CC-BY-NC-ND license <http://creativecommons.org/licenses/by-nc-nd/4.0/>

## Effective Human Activity Recognition Solving the Confusing Activities Via Deep Ensemble Learning

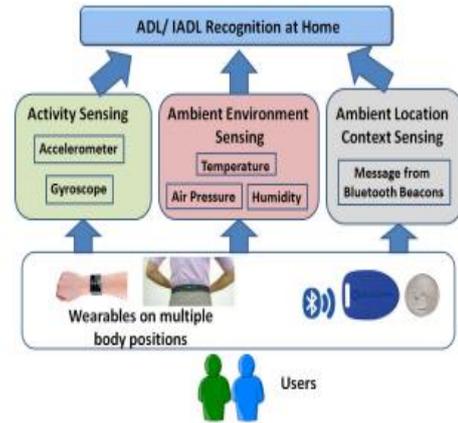
### ACTIVITY RECOGNITION UNDER VARIOUS ACTIVITIES

It consists of very technical human exercises that made required limits in various exercises hazy. In any event, for a similar action, various people have altogether different movement modes assesses the exhibition of various classifiers for every action. All the methods that are convinced will accomplish a value that is almost equal to send percent in many actions that were performed; these actions will derive the values present in it. A point that is regardless of whether the extremely predetermined values in instances of actions that are done by the human, at present we are developing many exercises for the person very well. All things considered, the exhibition in recognizing the actions of person, the unsuitable thing is strolling, particularly in conventional method. Profound mechanism calculation accomplishes better expectation precision in the present methods, somewhat almost cent percent barring acknowledgment of actions that are performed by person, strolling. The thing that handles disarray in the both exercises, and then we determine the neural network model for determining the actions performs future connection in the acknowledgment exactness, people by depth. The determination of acknowledgment exactness might unique in various people significantly in a similar movement also in calculation. Thusly, expansion in information in various people develops the person's action acknowledgment exactness.[4].

### Human: Complex Activity Recognition with Multi-modular Multi-positional Body Sensing

All actions of human beings are very complicated, it includes many number of stages in a single-stage sub-actions. A type in human pastime point (starting from the small easy actions to the more complicated actions) are vital in programs like smart medical field , self-quantified , watching continuously aged human beings in dwelling, developing technology developed home and its equipment, hobby-aware open context shipping, and many are present in it. In a substantial substance in the history present from pastime content popularity, a number of methods contain very high standards or direct privateness worries, chiefly, the general public of existing works are capable of apprehend usually heavily polished Activities of Daily Living (ADL) also simplest and little complicated instructions Activities of Daily Living (IADL). Heavily polished ADLs are generally caring ourselves of our skills that people examine all through firstly youth, consisting of actions of person. While those were complex obligations required in impartial dwelling which include actions that are performed by human, and so forth. In the presence, fundamental of this method often encompass bodily in all the activities, at the same time this method require a coupling of cognitive and physical effectiveness. Identifying the complicated actions in person is very complicated problem, used for very important history answers. It is used for encouragement of the job.[5]

The below figure describes the Human system for at-home ADL/IADL recognition system with multi-modal and body multi-positional wearable sensing.



**Fig 1: The Human system for at-home ADL/IADL recognition system with multi-modal and body multi-positional wearable sensing.**

### Distilling the Knowledge from Handcrafted Features for Human Activity Recognition

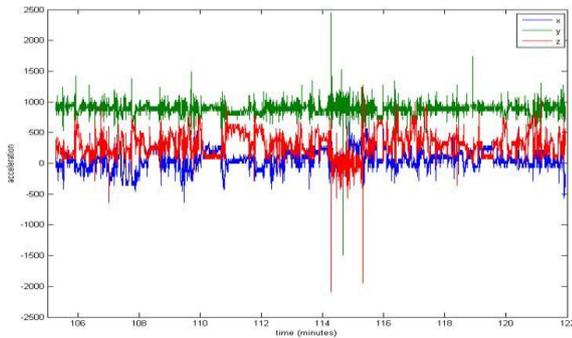
Numerous calculations can be utilized to perceive human exercises. The basic approaches of K-Nearest Neighbors (KNN) and Naïve Bayes is applied to identify human actions with cell phone. Further developed AI calculations of Artificial Neural Network (ANN) and Support Vector Machine (SVM) additionally accomplished great exhibitions on human action acknowledgment. All these shallow calculations are prepared on carefully assembled highlights which may misfortune some significant innate data. Notwithstanding the shallow models which depend on high quality highlights, another part of AI, for example profound learning, can take in portrayals from crude tangible values. The confusional arrange is introduced in action acknowledgment. Another well-known profound method for Long Short-Term Memory (LSTM) is utilized to acknowledgment human exercises utilizing cell phones. A mix of these two calculations for human action acknowledgment can be found. In any case, the profound taking in based methodologies frequently experiences the ill effects of commotion impact and constrained size of information, prompting an inadmissible exhibition. With appropriate element configuration, shallow models can accomplish a decent action acknowledgment execution. Be that as it may, and the additionally improved utilizing profound neural system that consists corresponding data for utilization in highlight implanting. In this manner, this paper contains the proposal to distil information in high quality highlights and profound LSTM organize in person action acknowledgment utilizing cell phone. Experimentally identifies an effective better system, for example Single Layer Feed Forward Neural Network (SLFN), over appropriately structured carefully assembled highlights beats profound neural systems.[6]

### Sensing Activity:

There are two sensors for recognizing the activity: Accelerometer, Gyroscope.

**Accelerometer:**

The instrument used for the estimation of accomplished speeding up in article. It is used in utilization in a few requirements present in science, medication, building, industry, for example, in estimating the fluctuations of hardware, increasing speed of rapid motion objects then proceeding burdens on spans.

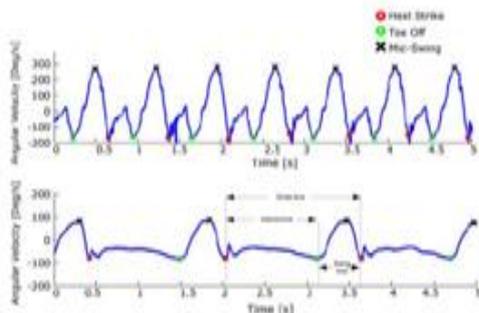


**Fig2: Accelerometer Data Plot**

They are profitable against other sensor innovations since it is conceivable to deliver them in enormous scale and with low assembling expenses.[7]. The figure 2 describes the Accelerometer data plot

**Gyroscope:**

The spinner is a detecting gadget in estimating direction. It has been utilized in numerous applications, for example, inertial route frameworks, aeronautical vehicles for strength increase, as of late, it is presented in electrical gadgets (for example Cell phone, game consoles) for improving UIs, and for playing knowledge. In HAR, the sensor is utilized for different problems, for example, in location of exercises (for example strolling, stair, climbing) and changes between stances (for example from remaining to sitting). These sensors are likewise exceptionally inclined to commotion which can cause estimation float from mix.[7]. The following table describes the plot of Gyroscope.



**Fig 3: Gyroscope plot**

**III. METHODOLOGY:**

**DATA COLLECTION:**

The initial stage is to collect the multiple series of data from the sensors of the phone. The frequency of the sensors in an average is 30Hz. The data collected are the readings of the accelerometer from sensors. The dataset

consists of six actions consists of sitting, standing, walking, laying, walking downstairs and walking upstairs. The actions will be recorded using sensors and we determine the actions by using machine learning algorithms.

**Data Preprocessing for Machine learning:**

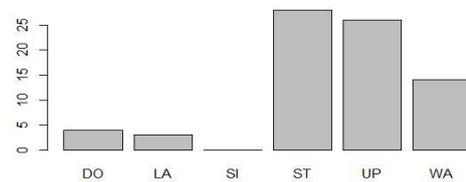
This method is used to identify the empty values before an algorithm is applied to calculation. The information obtained in the data is processed to identify the changes in the data into the collected information of the dataset. By applying the preprocessing technique, the changes in the dataset are been made that is identified from some source which isn't achievable for the examination. This technique is used to identify the null values present in the data. The null data is eliminated by this processing technique.

**NAVIE BAYES:**

Naive Bayes Classifiers is based on Bayes' Theorem, is used in conditional probability and in normal context, probability on an occasion (A) will happen given that another occasion (B) is just occurred. Basically, the hypothesis enables theory that is refreshed every time with a latest proof presented. The equation of the naive Bayes algorithm is given below:

$$P(A/B) = (P(B/A) P(A))/P(B)$$

- "P" is the symbol to denote probability.
- P (A | B) = the probability of event A (hypothesis) occurring given that B (evidence) has occurred.



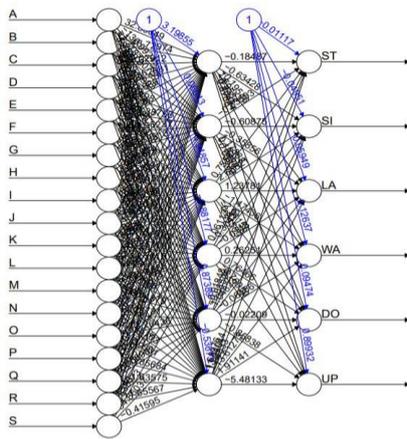
**Fig 4: Classification of Naive Bayes Classifier**

**NEURAL NETWORKS:**

This algorithm has multiple models present in it for writing the ML algorithm. This system consists of a systematic arrangement in identifying the ML. Neural systems are used in this model and current identified neural system is used to work very well. This model has more capacity, which is responsible to be applicable to practically ML decisions considering in a perplexing coupling in requirement of place present.

**Burden Required Packages library(e1071):**

e1071: The e1071 bundle contains a capacity named Naive Bayes () which is useful in performing Bayes characterization. The capacity can get straight out information and possibility table as info. It restores an object of class "Naive Bayes". This article can be passed to anticipate () to foresee results of unlabeled subjects.



**Fig 5: Neural Network Architecture**

The primary capacities in the e1071 bundle are:

- svm () – Used to prepare SVM.
- foresee () – Using this technique acquires expectations from the model, just as decision values from the parallel classifiers.
- plot () – Visualizing information, bolster vectors, and choice limits whenever gave.[7]

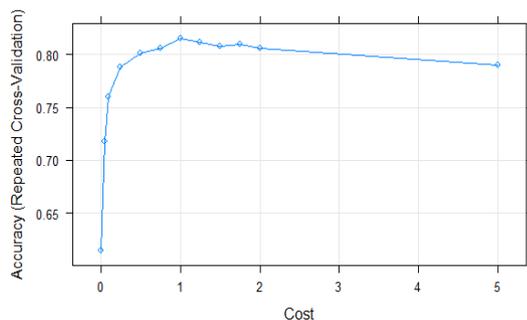
There are five stages present in this algorithm:

1. Initially identify and initialize the weights in random manner
2. The algorithm is implemented
3. Many training examples are selected
4. The trained examples are referred as inputs
5. Output is obtained.[2]

The figure 5 shows the architecture of Neural Networks.

## SUPPORT VECTOR MACHINE (SVM):

The center thought of Support Vector Machines used to guide preparing models checks in the one of the two classes present classes in heavy place, afterward determine better hyper plane in isolating classifications. It is used to identify the values of the actions of the person, it is a double class method, so that is why we apply the multiple classifications way that deal with conventional method. In the preparation stage, the classifier is built up by utilizing the preparation vectors with the straight portion capacity and outspread premise part work (RBF), utilize the existing values. In the stage of testing, the method ventures the value on to a similar large place, uses it in the classification of most elevated value.



**Fig 6: Optimization of SVM kernels**

## Feature Selection:

In include choice it chooses a lot of the highlights from the first space. In any case, in dimensionality decrease a change procedure is applied on highlights of unique space and produce less highlights from unique space. For the most part the component determination is utilized to recover chosen highlight set from the first include space. Highlight determination is utilized in numerous territories, for example, AI, grouping of quality information in science bunching gathering content mining. Highlight determination builds the precision of applicable highlights and decreases the overhead of choosing highlights.

Three objectives were provided in feature selection

1. The execution time and memory space required to run our calculations ought to be diminished.
2. To improve classifiers by expelling loud or superfluous highlights.
3. To distinguish which highlights might be applicable to a specific issue.[2]

There are three algorithms featured in this paper they are:

1. Naïve Bayes Classifier
2. Neural Network Algorithm
3. Support Vector Machine

In the mention above algorithms Naïve Bayes Classifier is treated as best in the three algorithms mentioned as the accuracy of Naïve Bayes is more than the other two algorithms

## IV. CONCLUSION

The ability of the sensors present in the Smartphone has been increased gradually. Mobile phones are used to determine the activity which produces very accurate results. This paper consists of a short survey of job in the actions of person movement acknowledgment region, for the most part center around cell phone sensor-based methodologies. We have done the work by using naïve Bayes algorithm, neural network algorithm, Support Vector Machine (SVM). From the results we determine that Naive Bayes algorithm shows the best accuracy.

## REFERENCES

1. Dataset Used [https://github.com/anas337/Human-Activity-Recognition-Using-Smartphones/tree/master/Data].
2. Leela Sandhya Rani, Y., Sucharita, V., Bhattacharyya, D., & Kim, H. -. (2016). Performance evaluation of feature selection methods on large dimensional databases. International Journal of Database Theory and Application,9(9),75-82. doi:10.14257/ijtda.2016.9.9.07.
3. Performance Analysis of Smartphone-Sensor Behavior for Human Activity Recognition “State Key Laboratory for Manufacturing Systems, YUFEI CHEN AND CHAO SHEN, (Member, IEEE) Xi’an Jiao tong University, Xi’an 710049, China.
4. Efficient Human Activity Recognition Solving the Confusing Activities Via Deep Ensemble Learning, School of Information and Communication Engineering RAN ZHU, ZHUOLING XIAO, YING LI, MINGKUN YANG, YAWEN TAN, LIANG ZHOU, SHUISHENG LIN, AND HONGKAI WEN, University of Electronic Science and Technology of China, Chengdu 611731, China.

5. HuMAN: Complex Activity Recognition with Multi-modal Multi-positional Body Sensing, Pratoool Bharti, Debraj De, Sriram Chellappan, and Sajal K. Das.
6. Distilling the Knowledge from Handcrafted Features for Human Activity Recognition, Zhenghua Chen, Le Zhang\*, Zhiguang Cao, and Jing Guo.
7. human activity recognition using smartphone, Mr. Anup Kumar Singh, Mr. Randhir Kumar Gupta, Mr. Shubham Jain and Mr. Kunal Kumar Gupta, G.B. Pant Govt. Engineering College, New Delhi/GGS Indraprastha University, Dwarka, Sector 16C(2012-2016)
8. Development of sEMG based human machine interface control system for robotic watch, Mohammad, S., & Kumar, G. V. (2016). International Conference on Research Advances in Integrated Navigation Systems, RAINS 2016, doi:10.1109/RAINS.2016.7764384.
9. FPGA based wireless electronic security system with sensor interface through GSM., Murali Krishna, B., Rakesh Chowdary, G., Chandra Vardhan, G., Siva Ram, K., Sai Kishore, P., Madhumati, G. L., & Khan, H. (2016). Journal of Theoretical and Applied Information Technology, 89(2), 489-494.
10. Sufficient authentication for energy consumption in wireless sensor networks., Shaik, R., Kanagala, L., & Sukavasi, H. G. (2016). International Journal of Electrical and Computer Engineering, 6(2), 735-742. doi:10.11591/ijece.v6i1.9038
11. Frequency reconfigurable dual band antenna for wireless communications, Baburao Dhanade, Y., Sreelakshmi, K., Bora, P., Mudliar, M., & Madhav, B. T. P. (2017). Journal of Advanced Research in Dynamical and Control Systems, 9(Special Issue 14), 2328-2345.
12. Analysis of mobile technology switching behavior of consumer using chi-square technique: Kumar, D. P., Rajyalakshmi, K., & Asadi, S. S. (2017). A model study from hyderabad. International Journal of Civil Engineering and Technology, 8(9), 99-109.
13. Contour tracking based knowledge extraction and object recognition using deep learning neural networks, Reddy, A. V. N., & Phanikrishna, C. (2017). Paper presented at the Proceedings on 2016 2nd International Conference on Next Generation Computing Technologies, NGCT 2016, 352-354. doi:10.1109/NGCT.2016.7877440.
14. A comprehensive analysis on different domain of machine learning, Pratuisha, K., Rao, D. R., & Murthy, J. V. R. (2017). Journal of Advanced Research in Dynamical and Control Systems, 9(18), 349-356.
15. A study on potential of big visual data analytics in construction arena, Bhargava, M. G., Vidyullatha, P., Venkateshwara Rao, P., & Sucharita, V. (2018 International Journal of Engineering and Technology (UAE), 7(2.7 Special Issue 7), 652-656.
16. Smart home based security system for door access control using smart phone, Marrapu, S., Satyanarayana, S., Arun Kumar, V., & Teja, J. D. S. K. (2018). International Journal of Engineering and Technology (UAE), 7(1), 249-251. doi:10.14419/ijet.v7i1.9247.
17. Methodical activity recognition and monitoring of a person through smart phone and wireless sensors, Rekha, S. B., & Rao, M. V. (2018). Paper presented at the IEEE International Conference on Power, Control, Signals and Instrumentation Engineering, IICPSI 2017, 1456-1459. doi:10.1109/ICPSI.2017.8391953.
18. Reference images has been taken from
19. [https://www.google.com/search?q=Commercial+Smartphone+\(SGSI\)+and+some+of+its+features.&xsrf=ACYBGNQNNjdcp31KVyO2524IhuhxQhJtg:1573131537526&source=lnms&tbn=isch&sa=X&ved=0ahUKEwiVrurTk9JlAhXRZSsKHQ95DFAQ\\_AUIFCgD&biw=1280&bih=610](https://www.google.com/search?q=Commercial+Smartphone+(SGSI)+and+some+of+its+features.&xsrf=ACYBGNQNNjdcp31KVyO2524IhuhxQhJtg:1573131537526&source=lnms&tbn=isch&sa=X&ved=0ahUKEwiVrurTk9JlAhXRZSsKHQ95DFAQ_AUIFCgD&biw=1280&bih=610)
20. Human Activity Classification in Smartphones using Accelerometer and Gyroscope Sensors, Ankita Jain and Vivek Kanhangad, Senior Member, IEEE
21. Diagnostic and Statistical Manual of Mental Disorders, American Psychiatric Association, 5th ed. American Psychiatric Association, 2013, available: [dsm.psychiatryonline.org](http://dsm.psychiatryonline.org). [June - 2013].
22. M.Radha, Customer Review Rating Analysis Using Opinion Mining, 2019, IJAMTE.
23. Mothukuri Radha, Deep Learning and Fuzzy Rule-Based Hybrid Fusion Model for Data Classification, 2019, IJRTE, 2277-3878, 8(2).
24. K.Praveen Kumar, Kumaraswamy Gajula "Fractal Array antenna Design for C-Band Applications", International Journal of Innovative Technology and Exploring Engineering (IJITEE), Volume-8 Issue-8 June, 2019.
25. K.Praveen Kumar, "Active Switchable Band-Notched UWB Patch Antenna", International Journal of Innovative Technology and Exploring Engineering (IJITEE), Volume-8 Issue-8 June, 2019.
26. K.Praveen Kumar, "Circularly Polarization of Edge-Fed Square Patch Antenna using Truncated Techniques for WLAN Applications", International Journal of Innovative Technology and Exploring Engineering (IJITEE), Volume-8 Issue-8 June, 2019.
27. K.Praveen Kumar, "Triple Band Edge Feed Patch Antenna; Design and Analysis", International Journal of Innovative Technology and Exploring Engineering (IJITEE), Volume-8 Issue-8 June, 2019.
28. K.Praveen Kumar, Dr. Habibulla Khan "Optimization of EBG structure for mutual coupling reduction in antenna arrays; a comparative study" International Journal of engineering and technology, Vol-7, No-3.6, Special issue-06, 2018.
29. K.Praveen Kumar, Dr. Habibulla Khan "Active PSEBG structure design for low profile steerable antenna applications" Journal of advanced research in dynamical and control systems, Vol-10, Special issue-03, 2018.
30. K.Praveen Kumar, Dr. Habibulla Khan, "Design and characterization of Optimized stacked electromagnetic band gap ground plane for low profile patch antennas" International journal of pure and applied mathematics, Vol 118, No. 20, 2018, 4765-4776.
31. K.Praveen Kumar, Dr Habibulla Khan " Surface wave suppression band, In phase reflection band and High Impedance region of 3DEBG Characterization" International journal of applied engineering research (IJAER), Vol 10, No 11, 2015.
32. K.Praveen Kumar, Dr. Habibulla Khan " Active progressive stacked electromagnetic band gap structure (APSEBG) structure design for low profile steerable antenna applications" International Conference on Contemporary engineering and technology 2018 (ICCET-2018) March 10 - 11, 2018. Prince Shri Venkateshwara Padmavathy Engineering College, Chennai.
33. K.Praveen Kumar, Dr. Habibulla Khan "Optimization of EBG structures for Mutual coupling reduction in antenna arrays; A comparative study" International Conference on Contemporary engineering and technology 2018 (ICCET-2018) March 10 - 11, 2018. Prince Shri Venkateshwara Padmavathy Engineering College, Chennai.
34. K Satish Reddy a, K Praveen Kumar, Habibulla Khan, Harswaroop Vaish "Measuring the surface properties of a Novel 3-D Artificial Magnetic Material" 2nd International Conference on Nanomaterials and Technologies (CNT 2014), Elsevier Procedia material Science.
35. K.Praveen Kumar, "Mutual Coupling Reduction between antenna elements using 3DEBG" IEEE International conference on communication technology ICCT-April-2015. Noor Ul Islam University Tamilnadu.
36. K.Praveen Kumar, "The surface properties of TMMD-HIS material; A measurement" IEEE International conference on communication technology ICCT-April-2015. Noor Ul Islam University Tamilnadu.
37. K.Praveen Kumar, "Design of 3D EBG for L band Applications" IEEE International conference on communication technology ICCT-April-2015. Noor Ul Islam University Tamilnadu.
38. K.Praveen Kumar, "Effect of 2DEBG structure on Monopole Antenna Radiation and Analysis of It's characteristics" IEEE International conference on communication technology ICCT-April-2015. Noor Ul Islam University Tamilnadu.
39. K.Praveen Kumar, Dr Habibulla Khan " The surface properties of TMMD-HIS material; a measurement" IEEE International conference on electrical, electronics, signals, communication & optimization EESCO - January 2015.
40. B. Venkateswar Rao, Praveen Kumar Kancherla, Sunita Panda "Multiband slotted Elliptical printed Antenna Design and Analysis" Journal Of Mechanics Of Continua And Mathematical Sciences (JMCMs), Vol.-14, No.-4, July-August (2019) pp 378-386.
41. Kumaraswamy Gajula, Amulya Boyina, K. Praveen Kumar "Active Quad band Antenna Design for Wireless Medical and Satellite Communication Applications" Journal Of Mechanics Of Continua And Mathematical Sciences (JMCMs), Vol.-14, No.-4, July-August (2019) pp 239-252.
42. [Amulya Boyina, K. Praveen Kumar "Active Coplanar Wave guide Fed Switchable Multimode Antenna Design and Analysis" Journal Of Mechanics Of Continua And Mathematical Sciences (JMCMs), Vol.-14, No.-4, July-August (2019) pp 188-196