

A Digital Evidence Taxonomy of M-Health Apps in IoT Environment

Muhammad Thariq Abdul Razak, Nurul Hidayah Ab Rahman, Nurul Azma Abdullah

Abstract: *The adoption of IoT in enabling mobile health (m-health) apps created threats platform to the black hat hackers to compromise sensitive information (e.g. User personal detail, medicine data and outdoor activities) available from the apps. The heterogeneous nature of IoT infrastructure, however, would complicate activities of digital forensics. Therefore, we proposed a model of digital evidence taxonomy of m-health apps in IoT environment. The model includes evidence acquisitions and analysis at three layers of IoT such as mobile, application, and network layer. 34 top rating Android m-health apps were applied in a controlled experiment to examine the usability of the proposed model. Our results present fully, partially and none recovered evidence artifacts from the three layers as well as the analysis of forensic interest. This suggests that applying the model would facilitate forensic investigation activities and enable a forensically ready environment.*

Index Terms: *Digital Forensics; Forensic by Design; Forensic Readiness; Forensic Taxonomy; Internet of Things (IoT); IoT Forensics.*

I. INTRODUCTION

Internet of Things (IoT) is one of the emerging technologies that enable the “things” (i.e. physical electronic devices) to be connected to the internet and capable to collect IoT related data from the physical environment [1]. The collected data will be transmitted to the specific application via wired and wireless internet connection (e.g. 3G, Wi-Fi, and 4G). Smart phone is an example of the physical devices that provide mobile applications (apps) and becoming the center of the IoT with related services such as social media, healthcare and surfing internet apps [2].

Mobile health (m-health) is an example of current technology that enables IoT environment by using a smartphone as a platform to record and analyze real time data of human biological changes [3]. It is about 325,000 m-health apps are available in the digital market with the highest number, about 160 000 are in Google Play Store while iOS Apps Store comprises around 140,000 apps [4].

The increasing adoption of both m-health apps and IoT infrastructure, however, has also enabled platform exploitation by cybercriminals to launch malicious actions.

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For instance, a recent data breach of a healthcare app incident in Singapore has compromised about 1.5 million data including Prime Minister privacy data such as name, birth identification number (IC) and race [5].

Dealing with vast amount of IoT related data, may complicate the activities of acquiring and analyzing significant digital evidence. Hence, digital evidence taxonomy would facilitate the activities and enhance forensics readiness (i.e. what type evidence is required prior to incident occurrence, time taken and total cost) [6]. Furthermore, it will help forensic expertise to become proactive and well prepared in terms of forensic tools, standard forensic procedures and experiences.

In this study, taxonomy of digital evidence is proposed by using m-health apps as a case study in Android platform. Significant of our study is to enable a forensically ready for m-health apps in IoT environment.

II. RELATED WORKS

IoT forensics is one the digital forensics branch that specifically for the cybercrime related to the IoT environment. However, the evolvement of IoT technology and the number of connected devices gives a new challenge to the forensic expertise to preserve, collect, acquire and analyze digital evidence due to the lack of standards forensic readiness and established forensics tools [7]. Since digital forensics are generally reactive, then most of IoT systems or infrastructures are not designed as digital forensics ready. Forensics readiness refers to the capability of an organization to maximize the potential use of digital evidence while minimizing the cost of an investigation [9]. Previous study by Ab Rahman et al. [8] proposed a forensic by design framework specifically for cyber physical cloud system that consists of six development phases such as forensics readiness principle and practices, and laws and regulations to facilitate forensic investigation. The study pointed out that forensic readiness enables forensic by design framework in ensuring the digital evidence are pre-collected, preserved, acquired and analyzed by well standard forensic procedure to protect the integrity of the data.

Previous study by Azfar et al. [10] developed a forensic taxonomy for social apps in Android platform and validated the forensic taxonomy using 30 social apps. Cahyani et al. [11] proposed an evidence based forensic taxonomy on Windows platform. The authors investigated 30 apps to identify which artefacts can be recovered and how the artefacts being organized. Furthermore Azfar et al. [6] proposed a forensic taxonomy for m-health apps in Android platform.



The author outlined 40 m-health apps downloaded from Google Play store to demonstrate the proposed forensic taxonomy. It can be suggested that existing studies in forensic taxonomy are focused on m-health apps in smartphone, however, no existing forensic taxonomy related to the m-health apps that linked to the IoT environment. This is the gap that this paper seeks to address.

III. THE PROPOSED DIGITAL EVIDENCE TAXONOMY MODEL

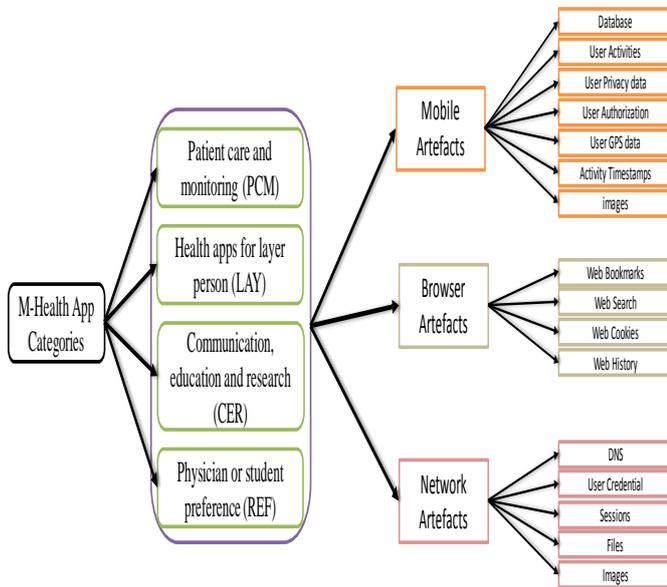


Fig. 1 Digital evidence taxonomy model for m-health application in IoT environment

We adopt a m-health classifications from previous study by Ozdalga et al. [12], which categorized into 4 categories, namely: (1) patient care and monitoring (PCM), (2) health apps for layer person (LAY), (3) Communication, education and research (CER) and (4) physician or student preference (REF). We classified the m-health apps artefacts into 3 categories for forensic acquisition activities, namely: (1) mobile artefacts, (2) browser artefacts and (3) network artefacts, as consistent with the three IoT layers—device layer, network layer and application layer—from An et al. [13]. The acquired evidence artefacts are then classified into a number of evidence categories for forensic analysis purpose (see Figure 1).

In order to validate the proposed taxonomy, we investigated the top 34 rating and free Android m-health apps available which reached more than or equal to 50 000 downloads on Google Play Store. This is consistent with previous study by Azfar et al. [6] that investigated 40 apps, and Cahyani et al. [11] investigated 30 apps. A controlled experiment procedure is described in the next sub section.

A. Experimental Setup in IoT Environment

A controlled experiment approach in Ab. Rahman et al. [14] was adopted as a guide of our experimental design. Six stages of the experiment were designed as follows: (1) Prepare the smartphone device by doing hard reset and install m-health apps; (2) Register m-health apps by adding required details to enable simulation activities; (3) Set up a hotspot to capture network packets; (4) Perform simulation

activities such as running, cycling and jogging; (5) Undertake forensic acquisition from the three layers – mobile, browser, and network; and (6) Examine and analyze the acquired artefacts based on the defined artefact types.

We installed the apps on an HTC Butterfly Build (Android version 4.4.2). Magnet Acquire was used to acquire a logical and physical image of the mobile phone. An analysis tool, Autopsy (version 4.7.0) was used to perform the analysis on the acquired images to extract any useful information. Personal laptop (PC) with operating system (OS) Windows 10 Pro will be used to perform the simulation to the specific health website using a specific browser such as Google Chrome and Firefox. After the simulation finished, FTK Imager software (version 3.2.0) was used to acquire a logical image. Network packets were captured using Wireshark software (version 2.6.2) while Network Miner software (version 2.3.2) was used to perform the analysis of network packets.

IV. RESULTS AND DISCUSSION: FORENSIC ANALYSIS OF 34 M-HEALTH APPS

In this section, we discuss the experiments result of two apps only (due to page limitation). The overall results of the 34 m-health apps evidence taxonomy are presented in Appendix A. Each recovered artefact is represented by three types which are full (F), partial (P) and none (N).

A. Experiment Results: Runtastic Running App & Mile Tracker

Runtastic Running App & Mile Tracker (version 8.8) allows users to track their physical activities such as running, walking, jogging and cycling. Furthermore, users can set their goals with a specific period of time, share their sports activities and photo with another application such as Facebook, Twitter, and Instagram.

1) Mobile Artefacts

Main database and key tables were found that presents correspondence metadata with the simulated activities.

Database

Forensic analysis pointed out that the files and database created by Runtastic Running App & Mile Tracker are stored on the internal smartphone memory from the path /data/com.runtastic.android/database. It should be noted that the path is inaccessible to end users. The acquired artefacts from the app are listed in Table 1.

Table. 1 Artefacts of Runtastic Running App & Mile Tracker

Content	Directory	Files
Main Database	/data/com.runtastic.android/database	db.db (SQLite, 39 tables)

The db.db database is the app’s main database containing 39 tables in which, only 8 tables present significant evidence of interest (see Table 2).

Table. 2 Artefacts of Runtastic Running App & Mile Tracker

Table name	Content
Users	Users detail such as first name, last name, country code and city name
Workout Speed Gps Session Training plan Goal	User record of type of workout, User speed record each workout, location and planning and goal
geotaggedPhoto	User photo uploaded time, location (longitude, latitude and altitude), time taken and link URL of the photo

In table Session, for example, the attributes of startTime, endTime, firstLatitude, firstLongitude, lastLongitude, lastLatitude and locationName fields present key evidence of forensic interest (see Table 3). For example, startTime and endTime stored user starting and ending timestamp for each activity. It should be noted that the timestamp is stored in UNIX Epoch format. Furthermore, firstLatitude, firstLongitude, lastLongitude, and lastLatitude stored location point of user for each activity performed. Time and location are the common key points in determining what, where, and when, in addition to who, why, and how a crime occurred.

Table. 3 Metadata of sessions table in Runtastic Running App & Mile Tracker

Id	userID	startTime	month	Year	End Time	Server Update	Location Name	First Altitude	First Longitude	Last Altitude	Last Longitude
1	135422 373	15365655 26000	9	20 18	153656 583800 0	153656 592400 0	Parit Raja	1.86008 405685 425	103.084 365844 727	1.85996 174812 317	103.084 335327 148
2	135422 373	15366288 42000	9	20 18	153662 946600 0	153662 957800 0	Parit Raja	1.86010 456085 205	103.084 098815 918	1.86015 605926 514	103.084 480285 645
3	135422 373	15366574 40000	9	20 18	153665 781200 0	153665 793300 0	Parit Raja	1.86008 954048 157	103.084 403991 699	1.86008 954048 157	103.084 403991 699

2) Browser Artefacts

Our analysis on the PC forensic images pointed out several evidences found in browser internet history such as bookmarks, and search engine that useful for forensic investigation.

Table. 5 Web search results metadata

Text	Domain	Date Accessed	Program
runtastic	www.google.com	2018-09-10 16:10:34 SGT	Chrome
runtastic	www.google.com	2018-09-11 12:12:58 SGT	Chrome
runtastic	www.google.com	2018-09-11 17:27:13 SGT	Chrome
Runtastic login	www.google.com	2018-09-11 16:36:57 SGT	Chrome

Based on Table 5 all the text of search engine in browser internet history has been successfully acquired. The date accessed, text and domain can be classified as important evidences as it recorded the time, date and the typed from the search engine. Besides that, domain field denoted domain used by the user to search a specific keyword for specific purposes.

Table. 6 Web bookmarks metadata

URL	Title	Date Created	Program	Domain
https://www.runtastic.com/	Runtastic: Running, Cycling & Fitness GPS Tracker	2018-09-10 15:55:59 SGT	Chrome	www.runtastic.com

Table 6 illustrates the acquired web bookmarks which presents the Uniform Resource Locator (URL), date created and domain. For example, web bookmarks will store the URL of the specific website when the user adds specific URL to bookmark, the browser will store the date created and domain of URL.

3) Network Artefacts

Our examination of hosts information, network sessions, DNS queries and answer, and the timestamp is presented in Table 7. It has been observed that the app using Secure Socket Layer (SSL) protocol to encrypt the communication between the client and the host at the network application layer.

Table. 7 Network Metadata

Client Host	Server host	Protocol	DNS Queries	DNS Answers	Timestamp
192....22 [android-6f50fc21bb17521b](Linux)	83.....133 [prd-ssl-appws.runtastic.com][appws.runtastic.com]	SSL	appws.runtastic.com	www.runtastic.com	2018-09-11 01:31:09 UTC
192....22 [android-6f50fc21bb17521b](Linux)	83.....133 [prd-ssl-appws.runtastic.com][appws.runtastic.com]	SSL	runtastic.pushwoosh.com	r1-front-06.pushwoosh.com	2018-09-11 01:33:53 UTC

DNS queries, for example ‘appws.runtastic.com’ is the example of the query used to request information to the specific server. In forensic perspective, this query can represent clues about the app activity in the network layer. It can thus be suggested that timestamp can be utilized for timeline analysis technique to correlate with correspondence information from mobile, browser, as well as from the site of apps’ servers.

B. Experiment Results: MyPlate Calorie Tracker

MyPlate Calorie Tracker (version 3.4) provides services calories tracker and stay fit within user Android phone. User can share their recipe, photo, tips and advice in active community filled with thousands of members. This app also allows users to add specific foods (that are not available in the database) because each region country has different type of food and meals.

1) Mobile Artefacts

Main database and key tables were found presents correspondence metadata with the simulated activities.

Database

Forensic analysis indicated that the files and database created by the MyPlate Calorie Tracker are stored on the internal smartphone memory from the path /data/com.livestrong.tracker. The acquired artefacts from the app are presented in Table 8.

Table. 8 Artefacts of MyPlate Calorie Tracker

Content	Directory	Files
Main Database	/data/com.livestrong.tracker/database	Calorietracker.db (SQLite, 10 tables)

The Calorietracker.db database is the app’s main database containing 10 tables. However, only 6 tables present significant evidence of interest (see Table 9).

Table. 9 Artefacts of Runtastic Running App & Mile Tracker

Table name	Content
DIARY_ENTRY	Record user activity such as carbs consumed, fat consumed, protein consumed and time period
FOOD MEAL GOALS	User record of type food, meal and goals
EXERCISE	User record exercise
PROFILE	Users detail such as username, date of birthday, age and gender.

Based on Table 9, for example table profile, the attribute of USERNAME, AVATAR_LARGE, AVATAR_SMALL, DOB, HEIGHT, WEIGHT, WEIGHT_GOAL, AGE and GENDER represent as key evidence for forensic interests (see Table 10). For example, AVATAR_LARGE and AVATAR_SMALL stored the user profile picture in term of link URL. Furthermore, table MEAL consists attributes such as DATE_CREATED, DATE_DELETED, DATE_MODIFIED and NAME that are useful for forensic investigation. For example, DATE_CREATED, DATE_DELETED, DATE_MODIFIED store the user creation and deletion time of specific meal. Moreover, attribute NAME will store the name of the specific meal created by the user. Furthermore, attribute WEIGHT and WEIGHT_GOAL store the actual weight and weight goal in format pound (lbs.). For the attribute gender, 2 flags have been used to represent user gender, which is 0 - male and 1 - female.

Table. 10 Metadata of profile table in MyPlate Calorie Tracker

USERNAME	AVATAR_SMALL	AVATAR_LARGE	DOB	HEIGHT	WEIGHT	WEIGHT_GOAL	AGE	GENDER
Thariq9694	https://img.aws.livestrongcdn.com/ls-96x96/livestrong/ls_images/tdp-images/avatars/0/1/14269160.png?v=1540267850	www.livestrong.com/ls_images/avatars/0/1/14269160.png?v=1540267850	2018-09-10	0	151.02	110.231124	24	0

2) Browser Artefacts

Our analysis on the PC forensic images indicated several evidences found in browser internet history such as bookmarks, and search engine that useful for forensic investigation.

Table. 11 Web search results metadata

Text	Domain	Date Accessed	Program
myplate login	www.google.com	2018-10-23 12:14:05 SGT	Chrome
myplate login	www.google.com	2018-10-24 15:15:48 SGT	Chrome
myplate login	www.google.com	2018-10-26 11:16:13 SGT	Chrome

Table. 12 Network metadata

Client Host	Server Host	Protocol	DNS Queries	DNS Answers	Timestamp
192....110 [android-6f50fc21bb17521b](Linux)	23.....252 [e3087.g.akamaiedge.net][san.www.demandmedia.com.edgekey.net][www.livestrong.com][www.demandmedia.com]	SSL	www.livestrong.com	cdn-www.livestrong.com.edgesuit.net	2018-10-23 03:59:30 UTC

Based on Table 12, DNS query ‘www.livestrong.com’ is the example of the query used by the app to request specific information to the server. In the forensic viewpoint, this query can stand for clues about the app activity in the network layer. Furthermore, attribute Client Host and Server Host store the IP address of the specific server and client, hence can be as an evidence to identify which device being used to request information to the targeted server. Attribute Timestamp will store the time taken when the client and server perform specific operations to transfer and receive data through the internet. It should be noted that the timestamp is in format Coordinated Universal Time (UTC).

V. SUMMARY

Digital evidence taxonomy would facilitate forensic expertise to identify any possible artefacts of data remnant in each layer of the IoT model in forensic investigation. In this study, we presented digital evidence taxonomy in IoT environment and focus on m-health apps, hence contributing to the gap in the existing related works. 34 top rating m-health apps is used in this study to validate the proposed digital evidence taxonomy in IoT environment. All the acquired data from each layer in IoT environment can be categorized based on the proposed digital evidence taxonomy. Our results identified important metadata of m-health apps in each IoT layer such as type of activity, location (altitude, longitude and latitude), web bookmarks, DNS query and timestamps which able to facilitate evidence correlation. This indicates the usability of the proposed taxonomy model. Future research will focus on developing a

knowledge based expert system repository to automate the identification of potential artefacts in each IoT layer as well as enable a forensically-ready environment.

3) Network Artefacts

Based on our observation on host, network sessions, DNS queries and DNS answers and the timestamp, we can conclude that MyPlate Calorie Tracker app using Secure Socket Layer (SSL) to encrypt the communication between the client host and server host (see table 12).

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APPENDIX A- DIGITAL EVIDENCE TAXONOMY OF THE 34 M-HEALTH APPS

App Name	Version	App Category				Mobile Artefacts				Network Artefacts				Browser Artefacts						
		Health apps for the layperson	Communication, education and research	Physician or student preference	Database	User Authorization	User Privacy Data	user activities	User GPS data	Activity Timestamps	Images	Parameter	DNS	Session	User Credential	Files	Images	Web Bookmarks	Web Cookies	Web Search
1 Google Fit: Health and Activity Tracking	1.82.40	/	/	/	P	N	N	P	P	F	F	N	F	N	F	F	P	P	F	F
2 Fitness Buddy: Gym Workout, Weight Lifting Tracker	3.1	/	/	/	P	N	N	F	F	F	F	N	P	P	P	N	F	P	F	P
3 TrainingPeaks	6.6	/	/	/	P	P	N	N	N	F	N	P	F	N	P	N	F	P	F	P
4 Runtastic Running App & Mile Tracker	8.8	/	/	/	F	N	F	F	F	F	F	F	F	F	N	P	N	F	P	P
5 WebMD	6.3.4	/	/	/	P	P	P	F	F	F	F	P	F	P	F	P	F	P	F	F
6 Caledos Runner - GPS Running Cycling Walking	4.1.0.510	/	/	/	N	P	N	N	N	N	N	F	F	P	N	F	N	F	N	F
7 Lose It! - Calorie Counter	9.6.4	/	/	/	F	N	N	F	F	N	P	P	P	N	P	P	F	P	F	F
8 Relive - Your Outdoor 3D Videos	2.4.6	/	/	/	F	N	F	F	F	F	F	P	F	N	P	N	F	P	F	F
9 Pacifica - Stress & Anxiety	7.0.2	/	/	/	N	N	N	N	N	N	P	P	F	N	F	N	F	P	F	P
10 Runtastic Road Bike Trails & GPS Bike	3.6.2	/	/	/	F	N	F	F	F	F	F	F	F	P	N	P	N	F	P	P
11 SuperBetter	1.1.8	/	/	/	N	N	N	N	N	N	N	N	F	P	N	F	N	F	P	F
12 Sports Tracker Running Cycling	3.43.2	/	/	/	P	P	N	F	F	F	F	P	F	P	F	N	P	N	F	P
13 Instant Heart Rate: HR Monitor & Pulse Checker	5.36.4730	/	/	/	F	P	F	N	F	N	F	F	P	N	F	N	F	P	F	F
14 Running tracker - Run-log.com	1.25.2	/	/	/	F	F	N	F	F	F	F	F	F	F	F	N	F	P	F	F
15 iJiffi: GPS Track Run Walk	7.9.1	/	/	/	F	P	P	F	F	F	F	N	F	P	N	P	P	F	F	F
16 Lifesum Diet Plan, Macro Calculator & Food Diary	6.3.6	/	/	/	F	F	P	F	N	F	N	F	F	N	F	N	F	P	F	F
17 Happy-Science-based activities and games to overcome stress	1.34.0	/	/	/	N	F	N	N	N	N	N	F	F	N	F	N	F	P	F	F
18 Decathlon Coach - Running, Walking, Pilates, GPS	1.20.1	/	/	/	F	P	N	F	F	N	P	P	P	N	P	N	F	P	F	F
19 Endomondo Running & Walking	18.8.1	/	/	/	F	N	N	F	F	F	F	F	P	P	N	F	N	F	P	F
20 Smiling Mind	3.3.7	/	/	/	F	P	P	N	N	P	N	P	F	F	N	F	N	F	P	P
21 JEFF Workout Tracker, Weight Lifting, Gym Log App	10.11	/	/	/	F	F	P	F	N	N	N	F	F	N	F	N	F	P	F	F
22 Workout Tracker, Weight Lifting, Gym Log App	1.13	/	/	/	N	P	F	N	N	N	N	F	P	P	F	P	F	F	P	F
23 Glucose Buddy Diabetes Tracker	5.36.3775	/	/	/	P	P	F	N	F	N	N	N	P	P	F	N	F	P	F	F
24 Strava Training: Track Running, Cycling & Swimming	64.0.0	/	/	/	F	P	P	F	F	F	F	F	F	F	N	P	P	F	F	F
25 Workout Trainer: fitness coach	8.9	/	/	/	N	N	P	N	N	N	N	N	F	P	F	P	F	F	F	F
26 Calm Meditate, Sleep, Relax	4	/	/	/	F	P	N	F	N	F	N	F	F	P	N	F	N	F	P	F
27 CareZone	7.6.0.2	/	/	/	F	N	P	F	N	F	P	P	F	N	F	N	F	P	F	F
28 Alo Moves Yoga Classes	4	/	/	/	N	N	N	P	N	F	P	P	F	N	F	N	F	P	F	F
29 Calorie Counter & Diet Tracker	4.71	/	/	/	P	F	N	P	N	N	N	F	F	F	F	F	P	F	F	F
30 AllTrails: Hiking, Running & Mountain Bike Trails	8.9.3	/	/	/	F	P	N	F	F	F	F	F	F	F	P	F	N	F	P	F
31 Skimble GPS Sports Tracker	1.0.4	/	/	/	F	N	P	F	F	N	F	F	F	N	F	F	F	P	F	F
32 Runtastic Mountain Bike GPS Tracker	3.6.2	/	/	/	F	N	F	F	F	F	F	F	F	F	P	N	P	N	F	F
33 MyPlate: Calorie Tracker	3.4.0(0)	/	/	/	F	N	F	F	N	F	F	F	F	F	P	N	F	P	F	F
34 Calorie Counter by FatSecret	7.9.36	/	/	/	F	P	N	F	N	F	F	P	F	P	F	N	F	F	F	F

Notes
"F" - detailed information recovered successfully,
"P" - only partial data was recovered,
"N" - None data was recovered